Wessex NIHR at 10
18 November 2016 at Winchester Guildhall

Celebrating the NIHR in the Wessex region, looking at the numerous local and national NIHR funded infrastructure and how this brings research and investment to the area.

09.00  Coffee and Registration

09.30  Welcome opening address and welcome from the Chair

09.35  Chris Whitty, Chief Scientific Adviser, Research and Development Portfolio for the Department of Health. Professor Whitty will be bringing the national perspective of the NIHR to how unique the Wessex area is.

10.05  Professor Chris Edwards, Associate Director at Southampton NIHR Wellcome Trust Clinical Research Facility, draws upon a unique perspective from his extensive career in research. Chris will be outlining how he's worked with local partnerships within clinical and academic centres to deliver positive changes.

10.25  Dr Helen Roberts, Associate Professor in Geriatric Medicine at University of Southampton NHS Foundation Trust, gives her perspective of working across a number of NIHR organisations to implement new healthcare approaches for the benefit of older patients. Helen will also explain how her research has resulted in a number of other projects to improve the assessment and care of older people.

10.45  Break

11.15  Wessex NIHR research

Examples of how the NIHR in Wessex facilitates research from early suggestions to implementation and impact on patient care.

- Developing and evaluating an online intervention for weight loss: POWeR+.
  Dr Katherine Bradbury

- Modelling health systems. How health data and simulation can help inform the redesign of our NHS services.
  Dr Tom Monks

11.45  Engaging the next generation in health matters

Kath Woods-Townsend, LifeLab Programme Manager, discusses how teenagers and young adults have been involved in understanding how science underpins health issues and how they can make a positive change in adolescent health-related attitudes.

12.05  An incubator for health innovation and industry

Richard Marsden, the Chief Executive Officer of Synairgen, talks about how the company was founded by the University of Southampton through a research discovery, which has since benefited by NIHR funding. He will give details about how that discovery led to the production and trial of an innovative drug therapy for people with severe asthma.
12.35  

*Lunch*

*Delegates will have the opportunity to network and visit the marketplace*

13.30  

**Wessex Perspectives on NIHR**  
A local perspective on how being involved with the NIHR has affected the lives of patients, nurses, allied health professionals and trainees.  
- A patient participant – Sally Dace  
- A research nurse – Emma Munro  
- A research leader – Prof Alison Richardson  
- Dissemination – Alison Ford  
- A researcher – Dr Katrina Cathie

14.30  

Dr Sarah Williams, Associate Director of Research and Clinical Effectiveness at Solent NHS Trust, talks about how the Solent NHS Trust is a research active organisation with recruitment onto many NIHR funded studies. Sarah will be giving her insight into how being research active can improve outcomes for patients.

14.50  

Professor Peter Johnson, Professor of Medical Oncology, discusses how collaborating with the NIHR and CRUK can provide synergy in delivering results for patients.

15.10  

*Break*

15.40  

Professor Mark Mullee, Lynn Kerridge and Tina Coldham  
Wessex Public Involvement Development team  
Wessex Public Involvement Network has four key principals around Reach, Refinement, Relevance and Reputation. This session sets out how public involvement is the golden thread that runs through all activities within the NIHR.

16.00  

Fiona Dalton, Chief Executive, University of Southampton NHS Foundation Trust. As host for many of the Wessex based NIHR organisations, Fiona is uniquely placed to give an overview of how the different elements have come together to deliver a seamless services to researchers, patients and clinicians.

16.20  

*Close*